

## Self-control

### Behaviour control

- Impulsive
- Oppositional
- Bullying perpetrator
- Anger / frustration

### Attention control

- Distractible / inattentive
- Impulsive

### Emotional control

- Fears / anxieties
- Self esteem
- Self-directed anger
- Shyness
- Depression

### Organisation

- Routines at home
- Schoolwork
- Short-term memory

## Motor coordination

- Coordination of individual activities (e.g. bike riding, gymnastics, climbing)
- Physical strength
- Fitness / endurance
- Coordination of ball sports
- Team sports

## Self care

- Sleep habits
- Eating habits / obesity
- Exercise habits
- Media habits (TV, video games, internet)
- Personal hygiene

## Learning

### Reading

- Speed and accuracy
- Comprehension

### Writing

- Legibility
- Speed
- Fatigue over time
- Memory (copying)
- Organisation

### Mathematics

- Comprehension
- 'Silly', inattentive mistakes
- Maths facts (e.g. times tables)

### Others

- Spelling
- Science / non-fiction
- Creative / fiction
- Art / music / drama

## Language

### Expressive (talking)

- Vocabulary
- Grammar / sentences
- Putting sentences together into stories

### Receptive (listening)

- Comprehension
- Memory

### Talking / articulation

- Poor articulation
- Stutter / dysfluency

## Social skills

### Making friends

- Playing games
- Keeping friends

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This Document has been written for general information purposes only. It is not intended to be used in individual circumstances without the guidance and assistance of a professional.